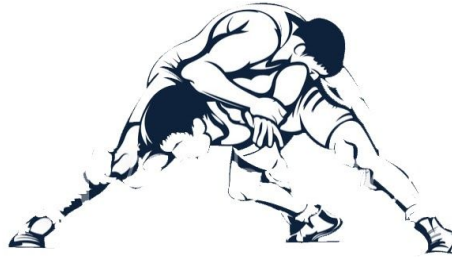




FOLSOM MIDDLE SCHOOL HOSTS



## Sacramento Area 3 Championships Junior High & Elementary Wrestling Tournament

**Date:** Saturday February 15th, 2020

**Location:** Folsom Middle School, 500 Blue Ravine Rd, Folsom, CA 95630

**Schedule:**

6-8th Grade (Bracket format) - Wrestling will start at 9:00 am.

1st-5th Grade/Elementary (Round Robin format)- Tentative time schedule will be 12:30-3:30pm. Start times will vary depending upon each weight class. Your bracket or pool will be on one mat.

**Weigh Ins:**

6-8th Grade - Weigh-ins are to be done at your own school and signed off by an Administrator. There will be a satellite weigh-in at Folsom Middle School on Wednesday, February 12 from 5:00-7:30 pm. **There are no weigh-ins on Friday or Saturday!**

1st-5th graders/Elementary - Weigh-ins on honor system.

**Coaches are to submit the names, grades, and weights of all wrestlers to:**  
[folsommiddlewrestling@gmail.com](mailto:folsommiddlewrestling@gmail.com) by Wednesday, February 12 at 9:00 pm.

Please note the wrestlers that need to be seeded and submit their record and placement information.

**Registration Fee:** \$20.00 per wrestler.



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Coaches are responsible for collecting and submitting the registration fees for their wrestlers to Folsom Middle School by 8:00 am on Saturday, February 15.

There will be NO REFUNDS for cancellations after the rosters are submitted.

**Admission Fee:** \$5 Adults (13 and Up)

**Concessions:** Snack bar open all day.

**Directors:** Tom Ward, Ney Vencer, Tera Dalia and Elaine Smith. N k

## **Additional Information:**

- Grades 1st-5th: wrestling will be pooled according to weight class and grade.
- 6-8th Grade will be regular tournament weights, in addition to 62lb and 66lbs.
- Please arrive 30 minutes early to wrestle.
- No earrings or jewelry. Nails must be trimmed.
- Skin must be free from infections.
- Mouthpieces for braces are mandatory, Headgear is mandatory for 6-8th graders and recommended for all wrestlers.
- **Awards:** 1st Place Team Trophy ONLY for School Teams. Medals 1-4th for each weight class or pool.
- Top 6 Varsity wrestlers from each weight class for 6-8th grade will qualify for Regionals hosted on Saturday, February 22 at Elk Grove High School in Elk Grove.
- True seconds will be wrestled after the finals.
- Challenge scales will be onsite to avoid potential mismatched kids.